

## EXPERIENCE YOUR SENSES AND ENJOY EXQUISITE RELAXATION

## I. BODY MASSAGE

Revitalize your entire body with heavenly services and pleasant oil fragrances that will enhance your emotional wellbeing.

**Herbal Permanent Contour Massage**

Soft Pressure

Duration: 60 min (Full Body)

500 QAR

Duration: 30 min (Back, Shoulders and Legs)

250 QAR

**Anti-tension Deep Massage:**

Strong Pressure

Duration: 30 min (Back, Neck and Shoulders)

350 QAR

Duration: 50 min (Full Body)

500 QAR

**Gentle Swedish Massage:**

Soft Pressure

Duration: 50 min (Full Body)

450 QAR

Duration: 80 min (Full Body)

600 QAR

**Volcanic Stone Healing Massage:**

Soft to Medium Pressure

Duration: 50 min (Full Body)

500 QAR

**Whole Body Healing Massage:**

Soft to Medium Pressure

Duration: 30 min (Legs, Back and Shoulders)

350 QAR

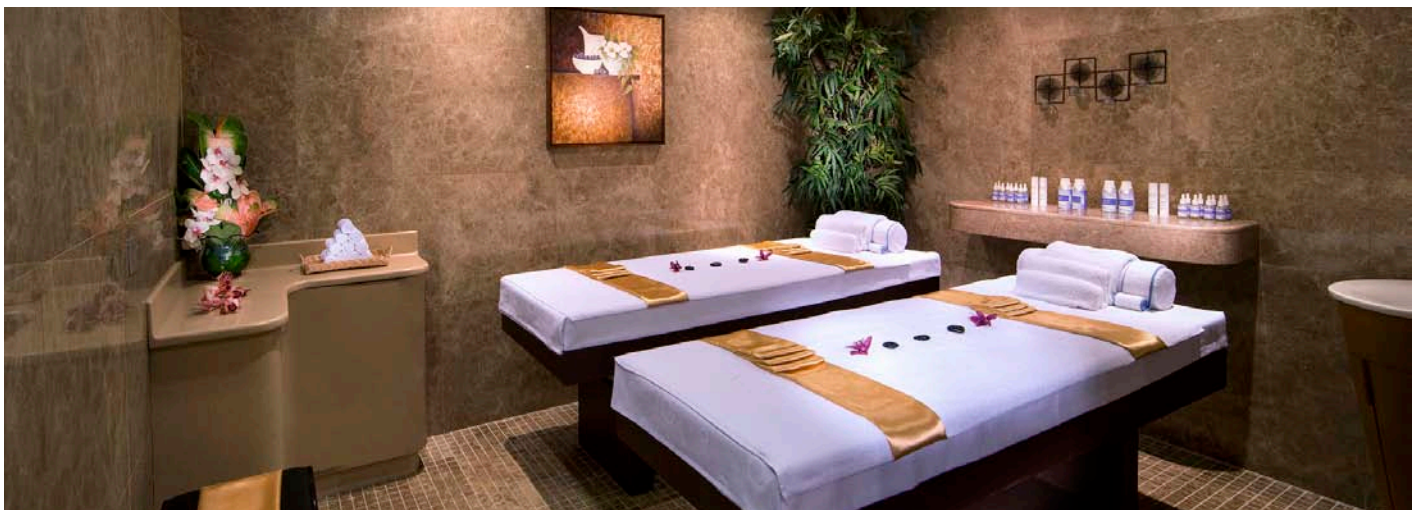
Duration: 60 min (Full Body)

500 QAR

**Duo Massage Room:**

SAME experience, SAME time, SAME room, for two persons!

Book a massage for two at the Duo Massage Room and benefit from 10% discount on our A La Carte Massage choices.



Above mentioned prices are in Qatari Riyals, no service charges or taxes applicable.

## 2. BODY SCRUB

Our full body scrubs use combinations of rich natural ingredients to hydrate and remove the dead cells from the skin leaving it soft and luxuriously refreshed.

### **Marine Salt Crystal:**

Duration: 20 min

200 QAR

## 3. BODY WRAP

A Beauty service in which the entire body is covered with a specific mask to mineralize the body skin.

### **Mineralizing Body Wrap:**

Duration: 30 min

300 QAR

## 4. OZONE SPA SIGNATURE BODY HAMMAM

Indulge in our signature body Hammam inside our unique Arabic Hammam to get the smoothest and the most beautiful body skin ever, using natural products.

### **Traditional Ozone Spa Signature Body Hammam:**

Duration: 45 min (For Men)

Duration: 60 min (For Women)

500 QAR

500 QAR

### **Luxurious Ozone Spa Signature Body Hammam:**

Duration: 70 min (For Men)

Duration: 80 min (For Women)

700 QAR

700 QAR

### **- Additional Hair Mask**

Duration: 15 min

150 QAR



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**5. LPG SLIMMING MACHINE**

It is a cell stimulating mechanism action and intensively **condition the skin tissue, firm and lift the body & face and enhance cellulite fat breakdown.**

**LPG Slimming:**

Duration: as per the targeted area

350 QAR

**LPG Slimming Package:**

12 sessions

3000 QAR

6 sessions

2000 QAR

Duration: as per the targeted area

**LPG Face Lift:**

Duration: as per the face type

300 QAR

**LPG Face Lift Package:**

12 sessions

2200 QAR

6 sessions

1400 QAR

Duration: as per the face type

**Additional Total Eye and Lips Care Mask:**

5 sessions

850 QAR

1 session

250 QAR

Duration: 15 min per session



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**1. YOUTH REVEALING PIONEER SERVICE**

(Face, Lips & Décolté)

A very original facial service applying exceptional technique for instant visible results. While reaching the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity.

Duration: 75 min 750 QAR

**- Additional Chroma-Dermy Machine**

Duration: 30 min 250 QAR

**2. EYE EXPERT MASK**

(Eye Contour)

A professional eye contour care, targeting different eye contour complications, this mask maintains the youthful appearance of the eye area.

Duration: 40 min 300 QAR



**3. WHITE LUMINATION RADIANCE**

(Complexion and Diminish Dark Spots)

This is a very complete service to reveal the radiance of the complexion and diminish dark spots.

Duration: 60 min 600 QAR

**- Additional Chroma-Dermy Machine**

Duration: 30 min 250 QAR

**4. COMFORT SOOTHING**

(Sensitive Skin or Subject to Redness)

A cocooning service that softens sensitive skin and strengthens its defenses for soothed and perfectly moisturized skin.

Duration: 60 min per session 600 QAR

**- Additional Chroma-Dermy Machine**

Duration: 30 min 250 QAR

**5. 3D WRINKLE CORRECTION**

(Anti-Aging)

This service fights the signs of aging by smooth the fine lines and reduces deep wrinkles.

Duration: 60 min 850 QAR

**- Additional Chroma-Dermy Machine**

Duration: 30 min 250 QAR

**6. CITY LIFE ANTI-POLLUTION**

(Anti-Pollution Skin Freshness)

Perfectly adapted to city-dwellers and smokers! It is ideal for anyone living a stressful life in a high pollution area. It is perfectly suited to dull and tired skin revealing early fine lines and dark spots.

Duration: 45 min 450 QAR

**Additional with Chroma-Dermy Machine:**

Duration: 30 min 250 QAR

**7. CHROMA-DERMY:**

(All Skin Types)

Brilliant facial technology using the visible LED light directed to the facial skin which becomes an energy that activates the skin cells to Stimulate, Oxygenate, Purify, Firm and Lighten the skin.

As a maintenance: Once a month  
Duration: 30 min 250 QAR

**Chroma-Dermy Series:**

10 sessions for optimal results 2200 QAR  
Frequency: 30 min twice a week

**8. HYDRA FACIAL SERVICE (All Skin Types)**

A non-invasive, safe and suitable procedure that integrates cleansing, exfoliation, extraction and hydration simultaneously with an immediate result.

Frequency: Once a month  
Duration: 60 min 999 QAR

**- Additional Spot Corrector (Discolored skin)** 150 QAR  
Duration: 10 min

## I. DELIGHTFUL WEDDING PACKAGES

- Ozone SPA Signature Body Hammam: **45-60 min**
- Whole Body Healing Massage: **60 min**
- City Life Anti-Pollution: **45 min**
- Free buffet dinner for two persons at Le Cigalon restaurant

Duration: **2h 45 min**

1500 QAR

- Ozone SPA Signature Body Hammam: **45-60 min**
- Whole Body Healing Massage: **60 min**
- City Life Anti-Pollution: **45 min**
- One Night Stay in a Deluxe Room for couple at La Cigale Hotel

Duration: **2h 45 min**

2000 QAR



## 2. OZONE ROYAL BLAZE EXPERIENCE

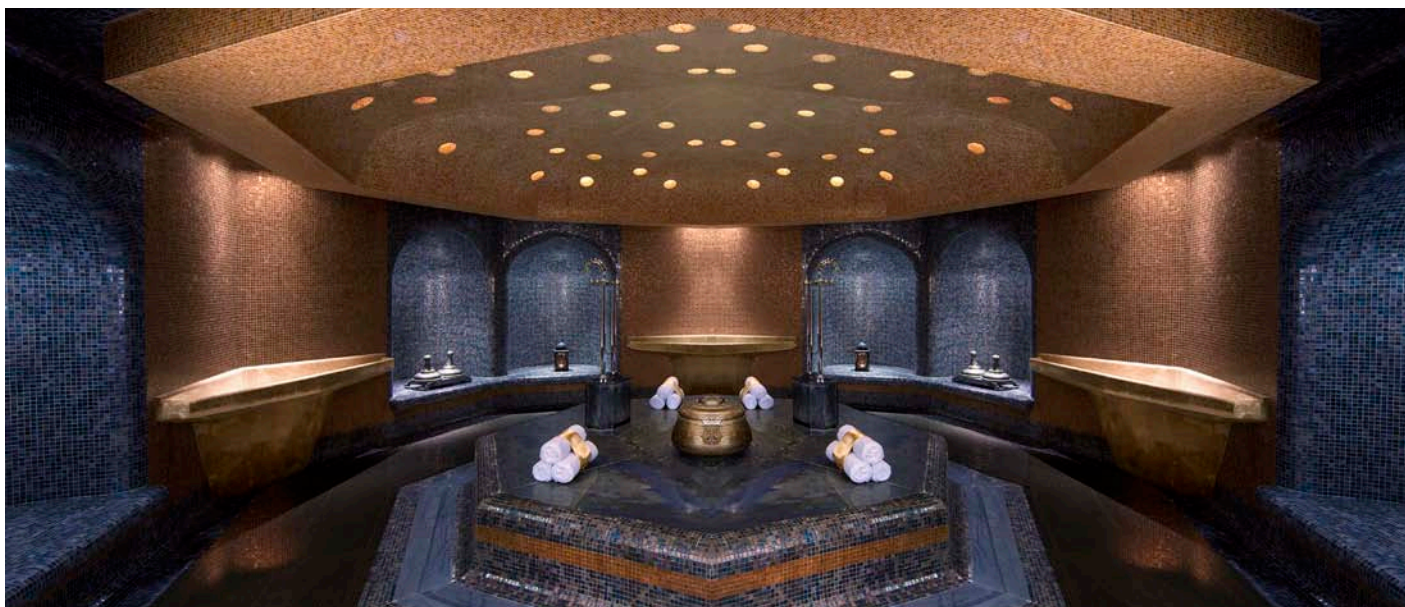
- Ozone SPA Signature Body Hammam: **45-60 min**
- Gentle Swedish Massage: **80 min**
- White Lumination Radiance or Comfort Soothing: **60 min**
- Chroma-Dermy Machine: **30 min**

Duration: **3h 45 min**

1900 QAR

## 4. EXPERIENCE YOUR SENSES PACKAGE

Create your own package with a **minimum of 3 services** and avail **20% discount**.



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## LET US SHAPE YOUR BODY

All guests are encouraged to check with their physician before beginning any type of exercise program

### A - FITNESS MENU

Swimming Pool access is not included in any fitness services or series.

#### 1. Personal Trainer:

Complete personal training session on one to one basis with our professional fitness trainers. You will be having full body analysis and total fitness evaluation.

1 Session = 1 hr 240 QAR

#### Personal Trainer Series:

Buy 5 sessions, get 1 session for free 1200 QAR  
Buy 10 sessions, get 2 sessions for free 2400 QAR

#### 2. Private Gym Area:

Perform your workout in a separate and private area with the presence of your personal trainer or alone.

#### Private Box Fit:

1 Session = 1 hr 200 QAR  
Box Fit Package (5 sessions) 800 QAR

#### Private Spinning Session:

1 Session = 1 hr 200 QAR

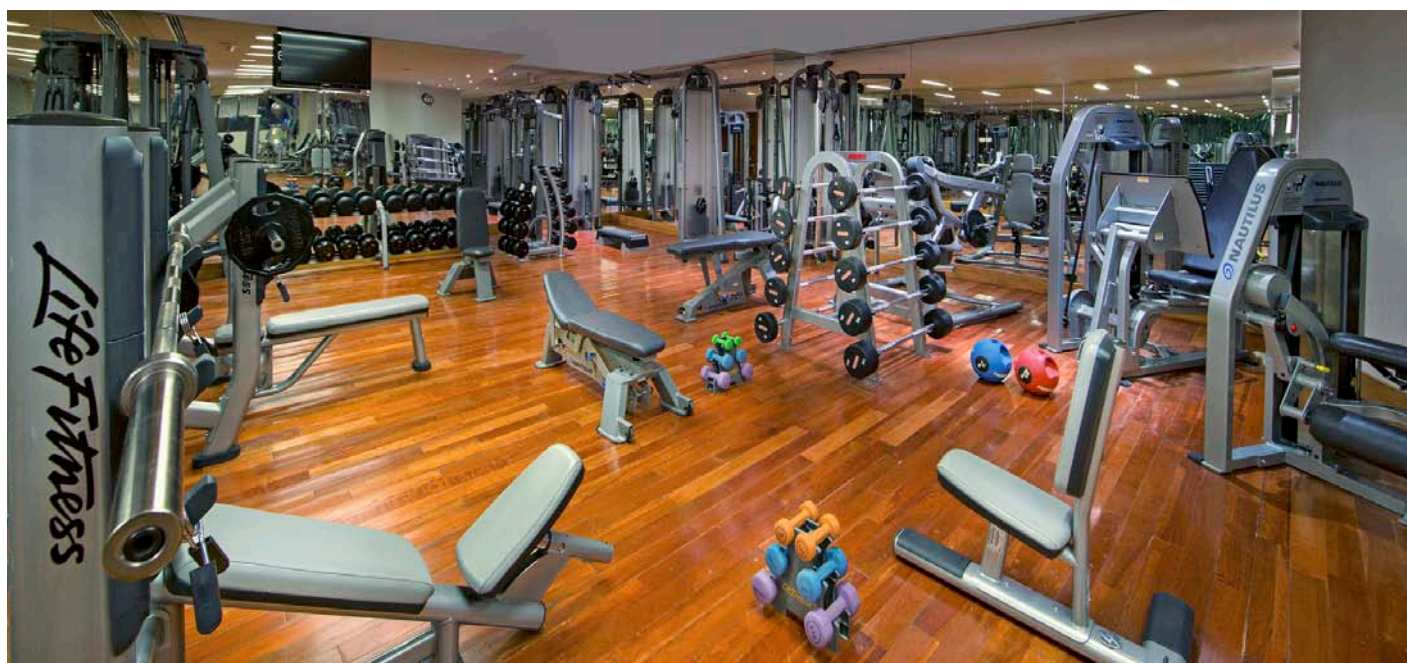
#### Renting Private Gym Area:

1 Session = 30 min 120 QAR

#### 3. Body Composition Analyzer:

Our complete total body analyzer machine will give you an in-depth full body composition performed with only a snap of your finger.

1 Session = 10 min 50 QAR



### B - INDOOR SWIMMING POOL MENU

#### 1. Aquatic Sessions:

Learn and gain new aquatic skills with our professional Swimming coach.

1 Session = 1 hr 250 QAR  
1 Session = 30 min 200 QAR

#### 2. Aquatic Sessions Series:

Buy 5 sessions, get 1 session for free 1250 QAR  
1 Session = 1 hr

Buy 5 sessions, get 1 session for free 700 QAR  
1 Session = 30 min

**The Swimming Pool will be closed from time to time for some special or maintenance events without any prior notice**

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**A - RECREATION ACCESS**

Type of Access (Gym, Swimming Pool, Jacuzzi, Sauna & Steam Room)	Price
Single	250 QAR
Couple (husband and wife)	400 QAR

Type of Access (Swimming Pool, Jacuzzi, Sauna & Steam Room)	Price
Single	200 QAR
Couple (Husband & Wife)	350 QAR
Member's Kid	100 QAR per kid

- Minimum age for the recreation access is 18 years old

**B - FITNESS CLASSES**

	1 Entrance	10 Entrances + 2 Free
Walk In & In-house guests	75 QAR	750 QAR
Gym Members	FREE (50 QAR for selected classes)	FREE (600 QAR for selected classes)

- The golden membership members are entitled to participate in all fitness classes on complimentary basis



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